



ROOT TO BRANCH

www.root-to-branch.org



WILLOWS

PARK PRESERVE

www.willowsparkpreserve.org

presents

# Wellness SPEAKER SERIES

CREATING COMMUNITY CONNECTIONS THROUGH  
GUIDED CONVERSATIONS AT THE WILLOWS MANSION

Free and  
open to the  
community!

UPCOMING EVENTS



**Friday,  
February 6**  
9:30 AM -  
11:30 AM

***Paths to Wellness***

*How medications and mental health are discussed—and the paths that support balance and well-being.*

with Dr. Aviva Zohar, MD

Sponsored by The Stables Program for Autism



**Friday,  
March 6**  
9:30 AM -  
11:30 AM

***Invisible Struggles, Courageous Strength:  
Resilience in Chronic Illness and Pain***

with Tamie Gangloff, MA, MFT

Sponsored by Lifeskills Behavioral Health



**Friday,  
April 3**  
9:30 AM -  
11:30 AM

***Addiction: Healing the Traumatized  
Family***

with Be a Part of the Conversation and Sara Green LCSW PhD

Sponsored by Center for Families



**Friday,  
May 8**  
9:30 AM -  
11:30 AM

***From Survival to Secure: Recovering from  
Trauma and Addiction from an  
attachment framework.***

with Michael Blanche, LCSW and Cara Dixon, LPC, NCC

Sponsored by The Therapy Group



Questions? Contact us at [info@root-to-branch.org](mailto:info@root-to-branch.org)